

# The State of New Mexico Group Benefits Health Plan

Dental Administered by Delta Dental of New Mexico



#### **Delta Dental of New Mexico**

Plan Year: January - December 2020



## **Dental Networks Overview**

PPONew Mexico	Delta Dental PPO	Find a Dentist
"In-Network" providers in New Mexico	"In-Network" providers outside of New Mexico	To maximize you benefits, use "In-Network" dentists
2,302 points of access, with more than 95% of specialists participating	Nationally, almost	Wee Do Dental Better  When Do Dental Better
	282,000 points of access	Online dentist search at www.deltadentalnm.com

Patients will not be billed for any amount over the *Delta Dental Maximum Approved Fees*. Always review your EOB for the Approved Fee maximums. Participating providers adhere to higher benefit levels and important member protections apply.

Out-of-network dentists do not agree to the same discounts, resulting in higher out-of-pocket costs and lower benefits. Should an out-of-network provider be used, cost increases may be limited by selecting a Delta Dental Premier® provider, with over 356,000 points of access.

SAVE MONEY, STAY IN-NETWORK!

#### **Benefits Overview**

#### **Calendar Year Deductibles**

- \$50 per enrolled person
- \$150 total per family
- Deductible does not apply to Diagnostic & Preventive Services or Orthodontic Services

#### **Benefit Annual Maximum - Calendar Year**

\$1,750 per enrolled person per calendar year

#### **Orthodontic Lifetime Maximum**

- Children up to 18<sup>th</sup> birthday
- Plan Pays 75%, up to a \$2,000 <u>lifetime</u> maximum
- Adults age 18 and over
- Plan Pays 60%, up to a \$1,750 <u>lifetime</u> maximum



## **Benefits Overview**

	In-Network PPONew Mexico		Out-of-Network	
Diagnostic and Preventive Services – No Deductible				
Covered - Oral Evaluations & Cleanings (2 per Calendar Year*), Radiographic Images, Topical Fluoride, Emergency Treatment, Sealants, Space Maintainers, and Diagnostic Casts	Delta Dental Pays: 100%	You Pay: 0%	Delta Dental pays 100% up to fee allowable; You pay any amount over allowable fee	
Basic Services – Deductible Applies				
Fillings, Stainless Steel Crowns, Extractions, Oral Surgery, Root Canals, Periodontics, and General Anesthesia	Delta Dental Pays: 80%	You Pay: 20%	Delta Dental pays 55% of fee allowable; You pay 45% plus any amount over allowable fee	
Major Services – Deductible Applies				
Onlays, Crowns, Bridges, Partials or Complete Dentures, Specified Implant Procedures	Delta Dental Pays: 60%	You Pay: 40%	Delta Dental pays 35% of fee allowable; You pay 65% plus any amount over allowable fee	

\*Covers routine cleanings twice per year. Individuals with certain medical conditions may qualify for up to 2 additional cleanings.



#### **Benefits Overview - Orthodontic Benefit**

#### **ORTHODONTIC SERVICES (Adults and Children)**

No deductible



Children – up to 18<sup>th</sup> birthday Plan Pays 75% up to a \$2000 <u>lifetime</u> maximum

Adults – age 18 and over
Plan Pays 60%
Up to a \$1750 <u>lifetime</u> maximum



## REMEMBER

- 2 Cleanings
  - 2 Exams

Per Calendar Year

 NO CHARGE In-Network\*

Don't Delay, get your teeth cleaned TODAY!





More than 120 signs and symptoms of non-dental diseases can be detected through a routine oral exam



## **Specified Medical Conditions**

- Members with specified medical conditions may be eligible for additional cleanings (up to 4 a year) or fluoride treatment
  - People with diabetes <u>AND</u> periodontal (gum) disease
  - Women who are pregnant **AND** have periodontal (gum) disease
  - People with certain heart conditions that put them at high or moderate risk for infective endocarditis, a potentially deadly heart infection
  - People with kidney failure or who are undergoing dialysis
  - People with suppressed immune systems due to chemotherapy and/or radiation treatment, HIV positive status, organ transplant, and/or stem cell (bone marrow) transplant
- Talk with your dentist if you qualify under one of these medical conditions. They will include the required documentation with the claim submission.

#### **Pre-Treatment Estimate of Benefits**

## ASK YOUR DENTIST FOR A PRE-TREATMENT ESTIMATE

when more costly procedures are anticipated/scheduled.

- ☑ An advance estimate of benefits before dental care services are received. Know your out-of-pocket cost.
- ✓ Not required but strongly recommended.
- ☑ No charge for a pre-treatment estimate.

**Understand your benefits!** 



Patient Disclosure – You're entitled to it!



## **Delta Dental Helpful Tips**

- Remember, stay In-Network by seeing a contracted PPONew Mexico provider. You
  receive the highest level of benefits and the least amount out-of-pocket cost.
- Need to find a provider? Go to <u>www.deltadentalnm.com</u> and click on Find your Delta Dental dentist and select **Providers in PPONew Mexico**
- Register online to see how your claims were paid.
- Always ask if the provider is a CONTRACTED PPONew Mexico provider, as this is specifically the State of New Mexico's contracted plan. All others will be treated as out-of-network providers unless traveling outside of NM.
- Being referred? Then ask that provider if they are a contracted PPONew Mexico provider.
- Ask about your procedure before it is done. Don't assume it will be covered just because the provider says you need it. Make sure you know your out-of-pocket costs and get a Pre-treatment Estimate!
- Discuss your medical conditions with your dentist regarding possible additional cleanings.
- See your dentist for an exam as it can lead to the discovery of other health issues.

You are your own advocate!



## **Benefits Information/Questions?**

#### **Go Online**

## Member Information Available 24/7

- View Coverage Documents & Provider Directories
- Verify eligibility of subscriber and dependents
- Confirm status of deductibles and plan maximums
- Review how a specific claim was processed
- Oral Health information and printable flyers

#### Or Call

Phone: 505-855-7111

Toll-free 1-877-395-9420

**Automated Voice Response System** 

Get benefit information 24/7

**Experienced Customer Service Representatives** 

Available Monday – Friday 8:00 AM - 4:30 PM (MST)

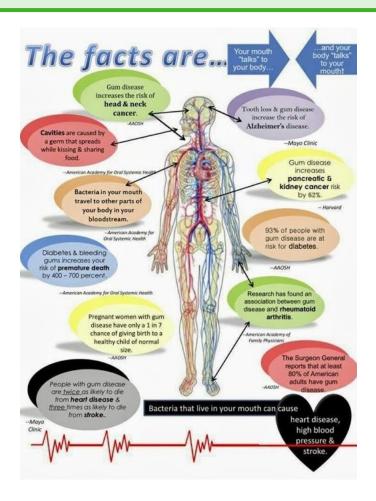
**Email:** customerservice@ deltadentalnm.com

www.deltadentalnm.com



## **Important Overall Facts**

- Gum disease increases the risk of head & neck cancer
- Bacteria in your mouth travel to other parts of your body in your bloodstream
- Diabetes and bleeding gums increases your risk of premature death by 400-700 percent



- Tooth loss & gum disease increase the risk of Alzheimer's disease.
- Research has found an association between gum disease and rheumatoid arthritis
- The Surgeon General reports that at least 80% of American adults have gum disease

