

RISK MANAGEMENT DIVISION

Employee Benefits Bureau

Benefits Plan Year 2020



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Select the type of health insurance
Employee Only [] Employee and [] Em

III. DEPENDENT INFORMATION

a) List all dependents, spouse and child(ren) and attach it to this application (please sign and date)

Name	Sex	Social Security Number

Benefit Options

The following benefit plans are available to both State of New Mexico (SoNM) and Local Public Body (LPB) Employees:

Medical – 2

- Blue Cross Blue Shield (BCBS) – PPO and HMO
- Presbyterian Health Plan (PHP) – HMO

Express Scripts is the Pharmaceutical Benefits Manager

Dental

- Delta Dental – PPO New Mexico

Vision

- Davis Vision

Term Life Insurance – Basic, Employee Supplemental, and Dependent

- The Hartford

Disability

- Offered by State of New Mexico
 - Administered by Erisa Administrative Services, Inc.

Flexible Spending Accounts

- Offered by the State of New Mexico
 - Administered by Erisa Administrative Services, Inc.
effective Jan 1, 2020

All premiums for these coverages are taken via bi-weekly payroll deductions

Free Programs

STAY WELL HEALTH CENTER (SWHC) – All services provided and medication dispensed through the Health Center are **FREE**

- ✓ **Must be enrolled** under one of the 2 state-sponsored medical programs
- ✓ **Available** to enrolled employee's and dependents (age 2 and up)
- ✓ **Available services by appointment** – Same Day Visits and Primary Care, such as
Physicals Women's Health Immunizations,
Free Lab Services Common Illness/Injuries Allergies
Seasonal Illnesses Ear/Eye Infections Rashes/Burns
as well as Health and Wellness – Education, Motivation and Support Coaching



EMPLOYEE ASSISTANCE PROGRAM (EAP) – 3 visits per member/per issue

The EAP program offers **FREE** professional, confidential counseling as well as recorded webinars. EAP counselors help individuals assess and resolve problems that can affect their lives at home and at work.

- ✓ **No enrollment is required**
- ✓ **All State and participating LPB employees and their eligible dependents living in the household can access the services**

What's Changing for 2020 Plan Year

Minor changes coming in the new year:

- ❖ Naprapathic Services: Changed from \$500 per year to 25 visits per year
- ❖ Physical, Occupational and Speech Therapies: Match the Primary Care Physician (PCP) Co-pays – PHP \$25, BCBS HMO/PPO \$35 and \$40
- ❖ All Deductibles, Out of Pocket (OOP) Maximums and Co-insurance amounts remain the same

NOTE: Deductibles and Out of Pocket Maximums reset January 1, 2020

Open/Switch Enrollment Specifics

Open/Switch Enrollment:

- ❖ Is an opportunity for benefit-eligible employees to:
 - ◆ Change benefit plan elections – this includes
 - Adding or dropping coverage,
 - Adding or dropping dependents from coverage, and or
 - Switching medical carriers
 - HMO to PPO or visa versa
 - Presbyterian to Blue Cross Blue Shield or visa versa
- ❖ Enrollment is not mandatory – unless you wish to change your current benefits elections or if you wish to participate in FSA-Health Care or Dependent Care in 2020.

Important Dates:

- ❖ Live Presentations and Interactive Webinars – October 1st – 31st
- ❖ Enrollment/Change Form(s) and Supporting Proof-of-Dependency Documentation must be submitted within the following dates:
 - ◆ Health Plans – Medical/Dental/Vision/Disability and FSA
 - LPB Employees: October 1st thru October 31st
 - SoNM Employees: November 5th thru November 19th

Enrollment/Change Process

STEP ONE: Attend a live presentation or interactive webinar during the month of October.

If you are unable to attend a live event or interactive webinar – a recording of each carrier's presentation is available.

STEP TWO: Complete and submit the following forms:

Open Enrollment Form – if you are making changes to your current benefit elections. Re-entry of all dependents is required. Proof of dependency is required for newly covered dependents

FSA Enrollment Form – if you wish to participate in FSA-Healthcare or Dependent Care. It is mandatory you complete a form to participate in 2020. Or if you wish to change to your annual pledge amount for the Commuter Program (Transportation/Parking).

The Hartford Beneficiary – all though this is not mandatory. It is strongly suggested that all employees complete a Hartford Beneficiary Form. This will ensure benefits are distributed correctly.

Due Dates: State – Nov 5th thru 19th

LPBs – Oct 1st thru 31st

STEP THREE: Verify all deductions are taken accurately:

For the State:

First FSA deduction: 1/3/2020 Pay Advice

Benefit deductions: 1/17/2020 Pay Advice

For LPBs: Please check with your Human Resource/Payroll Office

Resources

Dedicated Website: www.mybenefitsnm.com / Open Enrollment on the Gold Bar

Important information can be accessed:

Available 24/7

Up-to-date Information

Recorded Presentations

Plan Highlight Sheets

Benefits Comparison Grid


Premium Rate Sheets

FAQs

Enrollment Forms – Available 11/5


And much more

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Open/Switch Enrollment
Fall 2019
For Benefits Plan Year 2020 (Jan 1 - Dec 31)

The State of New Mexico Group Benefit Plan's Fall Open/Switch Enrollment for 2020 is almost here. Enrollment presentations will be available both live and online throughout the month of October. For State employees enrollment takes place from November 5th to November 19th. Local Public Bodies may enroll from October 1st to October 31st. A schedule of events is now available ([click here](#)).




COMMUNICATION




Newsletters:
[September Newsletter](#)
[Employee Self-Service Guide](#)

SCHEDULE




[Schedule of Live and Online Events](#)

SoNM BENEFITS



[Comparison Grid](#)
Carrier Presentations (coming soon)
Summary of Benefits and Coverages (coming soon)
Webinar Recording (coming soon)

TOOLS & RESOURCES



FAQs (coming soon)
[Rate Sheet](#)
Enrollment Forms (coming soon)
[Carrier Contacts](#)
Erisa Contact:

Resources

Erisa Administrative Service, Inc. (EASI) is the State's Third Party "Benefits" Administrator

Services Include Enrollment and Eligibility Questions for:

- **Health Benefits**
- **Short/Long Term Disability**
- **Flexible Spending Accounts**
- **Consolidated Omnibus Budget Reconciliation Act (COBRA)**

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