

# Delta Dental—Evidence Based Dentistry

Delta Dental plans include enhanced dental coverage for enrollees with certain high-risk medical conditions. These enhancements have been included based on scientific evidence that treating and preventing oral disease in these situations can improve overall health.

Individuals eligible for this coverage include:

- ✓ People with diabetes **and** periodontal (gum) disease
- ✓ Women who are pregnant **and** have periodontal (gum) disease
- ✓ People with certain heart conditions that put them at high or moderate risk for infective endocarditis, a potentially deadly heart infection
- ✓ People with kidney failure or who are undergoing dialysis
- ✓ People with suppressed immune systems due to chemotherapy and/or radiation treatment, HIV-positive status, organ transplant, and/or stem cell (bone marrow) transplant

The improved benefits include coverage of up to four teeth cleanings (routine cleanings or periodontal maintenance cleanings) per calendar year, as opposed to the typical two. Additional cleanings are benefits at the coinsurance level specified on your Summary of Dental Plan Benefits. For people undergoing head and neck radiation, fluoride applications by your dentist are also covered twice per calendar year. (This service is typically covered to age 19.)

Refer to your Summary of Dental Plan Benefits for more information about your plan, including the coverage levels applicable to these benefits. Additional cleanings and fluoride treatments may apply to your annual maximum and/or be subject to the plan's deductible.

*Revised 9/16*



**What should I do  
if I have one of  
the conditions  
listed?**

**Talk with your dentist and  
physician about if and when  
treatment is right for you.**

**The timing of treatment is  
important when serious  
medical conditions exist.**