

# 2024 Q1 Webinar Calendar

## Evergreen Registration Link

[info.virtahealth.com/webinar](https://info.virtahealth.com/webinar)

Every day, Virta Health's medical care team and health coaches help members reverse\* type 2 diabetes, prediabetes, and weight-related health struggles. Learn how these experts help members lower blood sugar, lose weight, and reduce the need for medication. Can't attend? Sign up and get a recording of the live event. All upcoming webinars, with live Q&A, feature speakers from the Virta Health Medical Group.

Date	Time	Title	Registration Link
1/23/24	10am PT / 1pm ET	Food as Medicine	<a href="https://virtahealth.zoom.us/webinar/register/WN_n4T_nOQ1SlePrTje9mnZaQ">https://virtahealth.zoom.us/webinar/register/WN_n4T_nOQ1SlePrTje9mnZaQ</a>
2/27/24	10am PT / 1pm ET	Food as Medicine	<a href="https://virtahealth.zoom.us/webinar/register/WN_D21nFXgeT1Ky0ZXlrgAy-Q">https://virtahealth.zoom.us/webinar/register/WN_D21nFXgeT1Ky0ZXlrgAy-Q</a>
3/19/24	10am PT / 1pm ET	Food as Medicine	<a href="https://virtahealth.zoom.us/webinar/register/WN_jgxwdw86R2ivjqa8wyzOCQ">https://virtahealth.zoom.us/webinar/register/WN_jgxwdw86R2ivjqa8wyzOCQ</a>