

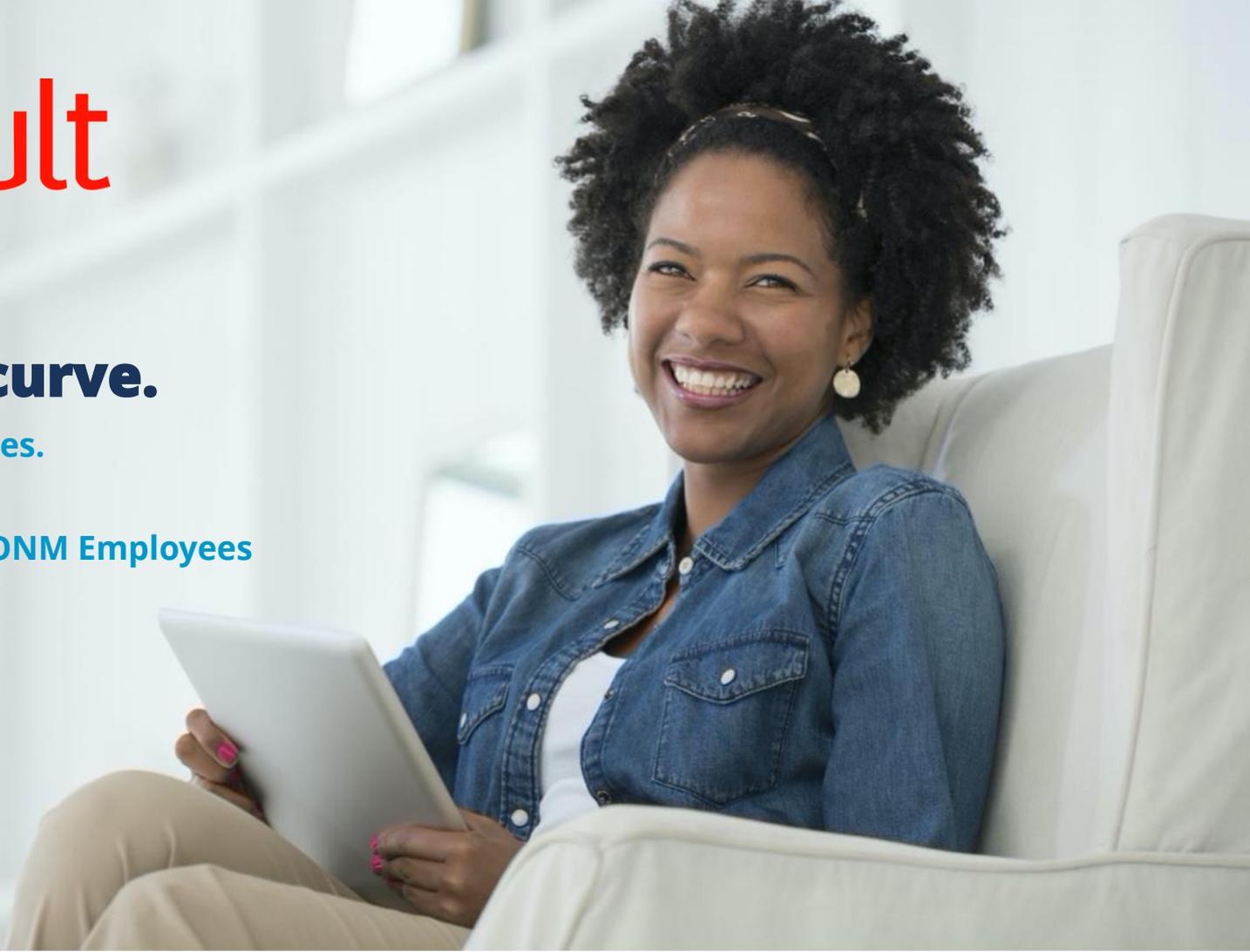


We bend the curve.

VirtualCheckup saves lives.

Program Overview for SONM Employees

January 19, 2024



America, we have a problem.

Everyone agrees that health risks should be identified and addressed before they turn into adverse health events.

That's why all adults are encouraged to visit their doctor annually for a wellness checkup.

Unfortunately, most of us don't comply due to lack of time and convenience.



That's why we created VirtualCheckup[®],
America's first in-home preventive
health checkup.

Simple at-home testing combined with face-to-face
video consultations with licensed healthcare Providers,
all done at a time and in a location chosen by you.

**There's never been an easier
health checkup!**

VirtualCheckup[®]
By Catapult Health



National Medical Provider



400+ Customers



2M Lives



50 state Coverage



Net Promoter Score = 81

What's in it for participants?

- ✓ ACCESSIBLE
- ✓ SAFE
- ✓ CONVENIENT
- ✓ EMPOWERING

VirtualCheckup Home Kit

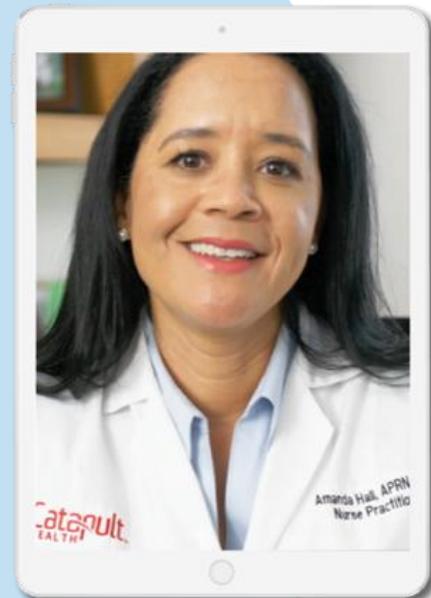


Virtual Video Consult with a Board-Certified Nurse Practitioner

Testing results discussed &
Personal Action Plan created

Referral into optimal health
improvement programs

Results transmitted to participant's
PCP, same day and at no charge



What's included in each VirtualCheckup® ?

Values Measured

- Hemoglobin A1C
- Total Cholesterol
- High Density Lipids (HDL)
- Low Density Lipids (LDL)
- Triglycerides
- TC : HDL Ratio
- Blood Pressure
- Atherosclerotic Cardiovascular Disease Risk Score
- Framingham Risk Score
- Height & Weight
- Body Mass Index
- Abdominal Circumference

Anxiety & Depression

- GAD-7 Anxiety Assessment
- PHQ-9 Depression Assessment
- Columbia Suicide Severity Risk

Personal Health History

- Allergies
- Asthma
- Cancer
- Coronary Artery Disease
- Diabetes
- Heart Failure
- Hyperlipidemia
- Hypertension
- Kidney Disease
- Musculoskeletal Pain
- Obstructive Sleep Apnea
- Stroke

Family Health History

- Diabetes
- Coronary Artery Disease
- Stroke
- Breast Cancer
- Colon Cancer

Symptoms Captured

- Aches from Medication Reactions
- Bladder Infections
- Chest Pain
- Circulation Problems
- Foot Ulcers
- Gum Infections
- Pain While Walking
- Seizures
- Shortness of Breath
- Skin Infections
- Sleeping Problems
- Slow Healing Wounds
- Swelling of Hands or Legs

Compliance Consultation

- Mammogram
- Colorectal Cancer Screening
- Lung Cancer Screening
- Pap Smear
- Vaccinations

Filled Prescription Import

- Adherence and Compliance
- Effectiveness Review
- Potential Reactions among Multiple Meds
- Generic Options

Gaps in Care Identified & Addressed

- Primary Care Provider Status
- Asthma
- Coronary Artery Blockage
- Coronary Artery Disease
- Chronic Obstructive Pulmonary Disease
- Diabetes
- Heart Failure
- Hypertension

Personal Action Plan + Referrals

- Clinical Action Plan Delivered
- Test Results Sent to Participant's PCP
- Handoff Into Follow-up Programs

VirtualCheckup[®] Home Kit



VirtualCheckup[®]

By Catapult Health



Our Tasso Sample Collection Device

Easy, virtually painless remote sample collection

VirtualCheckup[®]

By Catapult Health



Goodbye finger stick! Our device is *virtually painless*, and very simple to use.



Clinical grade blood samples on par with any physician's office or hospital

99%

99% patient preference over in-person draw or fingerstick



VirtualCheckup® At Home

The Participant Experience

VirtualCheckup®

By Catapult Health



1 VirtualCheckup® Engagement Solution

Home kit shipped directly to your home **once ordered at** <https://virtualcheckup.com/SONM>



2 Quick and Easy Blood Test, Blood Pressure Check

Catapult's at-home blood collection device is quick, diagnostic, and **virtually painless.**



3 Depression Screen, Filled Rx Import, Health History

Questionnaire completed on your own device **at a time and location chosen by you.**



4 Live Video Consult with a Nurse Practitioner

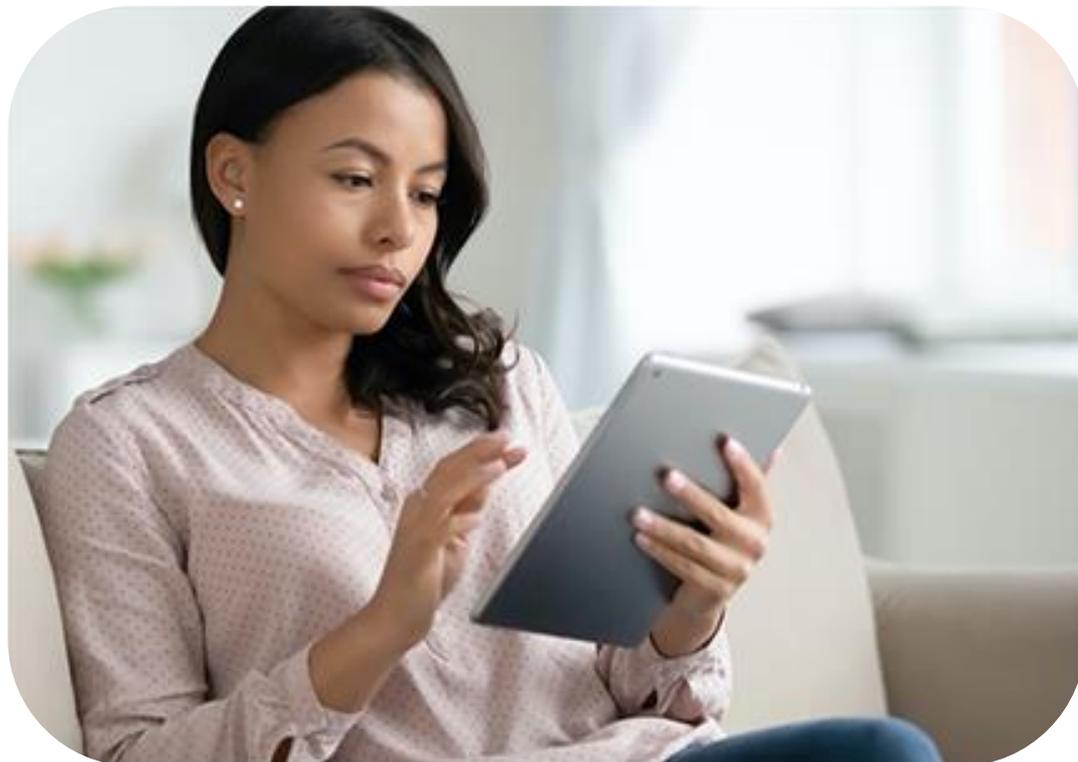
Test results reviewed, health risks discussed, and **Personal Action Plan delivered.**



5 Referrals into Employer & Plan Sponsored Programs

Learn about the other **health improvement programs available to you.**

Face-to-Face Engagement



Next Generation Video-Medicine

During your checkup, you will meet with a board-certified Catapult Health Nurse Practitioner via live video. Testing results are reviewed, diagnostic questions are discussed, and a Personal Action Plan is developed.



Why Participate? Why Now?

- VirtualCheckup is a fully covered health benefit. No deductible. No co-pay. No out-of-pocket expense.
- It's the most convenient way to get your annual health checkup, from the comfort and privacy of home!
- Learn about your health status related to diabetes, heart disease and stroke. Develop a personal action plan with a board-certified Nurse Practitioner.
- Your results are strictly confidential and not shared with your employer.
- Signing up is quick and easy at www.VirtualCheckup.com/SONM or scan the QR code:



Thank You!