



The State of New Mexico Group Benefits Plan Plan Year: January–December 2019

Prescription Drug Program



About Express Scripts

- Express Scripts is the State of New Mexico's chosen partner for administering your prescription plan
- We are a leading pharmacy benefit manager that puts medicine in reach for tens of millions of people
- As an Express Scripts member, you have access to:
 - 60k+ retail pharmacies located across the United States
 - Convenient home delivery services
 - Express-Scripts.com and our mobile app for ordering and managing your prescriptions
 - Accredo specialty pharmacy for medications that treat complex and chronic health conditions
 - Specialized pharmacists, nurses and other clinicians in 20+ condition-specific Therapeutic Resource Centers



Express Scripts Formulary

Your plan covers a broad range of medications that fall into three categories:

First tier:
Generic drugs

Second tier:
preferred brand-name drugs
(lower cost)

Third tier:
Non-preferred brand-name drugs
(higher cost than First and Second tier)

Excluded: drugs that are not covered under your benefit



2018 Express Scripts National Preferred Formulary

The following is a list of the most commonly prescribed drugs. It represents an abbreviated version of the drug list (formulary) that is at the core of your prescription plan. The list is not all-inclusive and does not guarantee coverage. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whenever appropriate.

PLEASE NOTE: Brand-name drugs may move to nonformulary status if a generic version becomes available during the year. Not all the drugs listed are covered by all prescription plans, check your benefit materials for the specific drugs covered and the copayments for your prescription plan. For specific questions about your coverage, please call the phone number printed on your member ID card.

<p>KEY (INJ) - Injectable Drug Brand-name drugs are listed in CAPITAL letters. Generic drugs are listed in lower case letters.</p> <p>A</p> <p>ABILEY MAINTENA (INJ) ABSORICA ACANIA acetaminophen/codeine ACTEMGA (INJ) ACTHAR H.P. (INJ) acyclovir ADICIRCA ADUMPAS ADVAIR DISKUS ADVAIR HFA AFSTYLA (INJ) AMINOVI (INJ) AKYNZEO albuterol nebulization solution alendronate allogurinol ALPHAGAN P 0.1% alprazolam ALREX amiodarone AMITIZA amitriptyline amlodipine amlodipine/benzazepril amlodipine/valsartan amoxicillin amoxicillin/potassium clavulanate AMPYRA anastrozole ANDRODERM ANDROGEL 1.62% ANORO ELLIPTA api APRISO ARCAPTA NEOHALER aripiprazole ARISTADA (INJ) ARMONAIR RESPICLICK ARMONITY ELLIPTA ASMANEX HFA ASMANEX TWISTHALER atenolol atenolol/chlorhalidone atorvastatin AVONEX (INJ) AZASTIE azelastine nasal spray</p>	<p>azithromycin</p> <p>B</p> <p>baclofen BARACLUDE SOLUTION benazepril benzonatate BEPICRYL BETASERON (INJ) BETHKIS BEVESPI AEROSPHERE BIKTIARYY bisoprolol/hctz blisovi fe BOSULIF BRED ELLIPTA BRILINTA BRISDELLE budesonide nebulization suspension bupropion bupropion ext-release buspirone butalbital/acetaminophen/ caffeine BYDUREON (INJ) BYETTA (INJ) BYSTOLIC BYVALSON</p> <p>C</p> <p>CABOMETYX CANASA CARAC carbidopa/levodopa carvedilol cefdinor cefuroxime axetil celecoxib cephalexin CETROTIL (INJ) chlorhexidine gluconate chlorthalidone CIALIS CIPRODEX ciprofloxacin citalopram claritromycin CLMPTIC clindamycin hcl clindamycin phosphate topical clindamycin phosphate/ benzoyl peroxide clobetasol propionate clomiphene citrate clonazepam</p>	<p>clonidine clotidogrel clostrimazole/betamethasone dipropionate COLEERYS COMBIGAN COMBIPATCH COMBIVENT RESPIMAT COPAXONE 40 MG (INJ) CORLANOR COSENTYX (INJ) CREON CRONONE cyanocobalamin (INJ) cyclobenzaprine</p> <p>D</p> <p>DALIRESP DARAPRIM DARTRANA DESCOVI desloratadine desonide desvenlafaxine succinate ext-release dexmethasone dexmethylphenidate ext-release dextroamphetamine/ amphetamine dextroamphetamine/ amphetamine ext-release diazepam diclofenac sodium delayed-release dicyclomine digoxin ditazem ext-release diphenoxylate/atropine diphenoxylate delayed-release divalproex ext-release DWIGEL donepezil doxazosin doxycycline hyclate doxycycline monohydrate DUAVEE DULERA duloxetine delayed-release DUPICENT (INJ) DYMISTA</p> <p>E</p> <p>EDARBI EDARBYCLOR ELIDEL ELIQUIS</p>	<p>EMVERM enalapril ENBREL (INJ) enxaparin (INJ) ENSTILAR ENTRESTO EPCUSA EPIIDUO FORTE EPINEPHRINE AUTO-INJECTOR (by Meter) EPIPEN, EPIPEN JR (INJ) ergocalciferol ERLEADA erythromycin eye ointment escitalopram esomeprazole magnesium delayed-release estradiol estradiol patches estradiol/norethindrone acetate ESTRING eszopiclone EUFLEXXA (INJ) EVEKEO EXTAVIA (INJ) ezetimibe</p> <p>F</p> <p>famotidine FARXIGA fenibamate fenibamate micronized fenibic acid delayed-release fentanyl patches FETZIMA FINACEA finasteride FLECTOR FLOVENT DISKUS FLOVENT HFA flucanazole fluciconazole flucastine fluticasone nasal spray folic acid FRAGMIN (INJ) furosemide FYCOMPA</p> <p>G</p> <p>gabapentin GALNIQUE gemfibrozil GENOTROPIN (INJ) GENVOYA</p>	<p>GILENYA GILTRIF glimepiride glipizide GLIOTRIF ext-release GLICAGEN (INJ) GLUCAGON (INJ) glyburide GLYXAMBI GONAL-F, GONAL-F RFF, GONAL-F RFF REDI-JECT (INJ) GRALISE GRASPER (INJ) GRASPER guanfacine ext-release</p> <p>H</p> <p>HARVONI HELIXATE ES (INJ) HIMALOG (INJ) HUMATROPE (INJ) HUMIRA (INJ) HUMULIN (INJ) hydralazine hydrochlorothiazide hydrocodone/acetaminophen hydrocodone/ chlorpheniramine polistirex ext-release hydrocortisone topical hydromorphone hydroxychloroquine hydroxyzine hcl hydroxyzine pamoate HYSINGLA ER</p> <p>I</p> <p>ibandronate IBRANCE ibuprofen ILEVRO INCRUSE ELLIPTA indomethacin INJECTRIN (INJ) INLYTA INVOKAMET INVOKAMET XR INVOKANA irbesartan IRESSA isosorbide mononitrate ext-release</p> <p>J</p> <p>JANUMET, JANUMET XR (continued)</p>
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Go to express-scripts.com/2018drugs for a full list of formulary exclusions with their covered alternatives or log on to compare drug prices. Costs for covered alternatives may vary.
© 2018 Express Scripts Holding Company. All Rights Reserved. THIS DOCUMENT LIST IS EFFECTIVE JANUARY 1, 2018 THROUGH DECEMBER 31, 2018. THIS LIST IS SUBJECT TO CHANGE. You can find more information at express-scripts.com. 18102, 1A, 1B, 17 & 18 PBR22131-18 08/18/18

	Participating retail pharmacies (30-day supply)	Home delivery (90-day supply)
Out-of-pocket (OOP) maximum	BCBS Plans: \$4,000 single / \$12,000 family ¹ Presbyterian Plans: \$3,750 single / \$11,250 family ¹ (prescription and medical expenses count toward the OOP)	
Deductible for brands only	\$50 Individual / \$100 family ² (prescription and medical expenses count toward the deductible)	
Type of medication	Participating retail pharmacies (30-day supply)	Home delivery (90-day supply)
Generic	\$6	\$17
Brand (Preferred) ³	30% (\$35 min / \$95 max)	\$120
Brand (Nonpreferred) ³	40% (\$60 min / \$130 max)	\$155
Type of medication	Accredo, an Express Scripts specialty pharmacy (Up to a 30-day supply)	
Specialty	\$60 Generic \$85 Preferred Brand \$125 Nonpreferred Brand	\$60 Generic \$85 Preferred Brand \$125 Nonpreferred Brand

***** If you obtain a brand-name drug when a generic equivalent is available, you are responsible for the brand copayment plus the cost difference between the brand-name drug and the generic drug. This does not apply to specialty medications.**

Use Express Scripts Home Delivery for your Maintenance Medications

Receive up to a 90-day supply with free standard shipping

Take advantage of our Automatic Refill Program for added convenience!

State of New Mexico Home Delivery Program:

- 3 retail fills are allowed on maintenance medications before copay increases
- On the 4th fill at retail the copay will increase to the mail order copay for that drug tier (for a 30 day supply)

Maintenance Drugs	Retail Copay (30-day supply) Up to 3 fills	Retail Copay (30-day supply) Starting on 4 th fill
Generic	\$6	\$17
Brand (Preferred)	30% (\$35 min / \$95 max)	\$120
Brand (Non-Preferred)	40% (\$60 min / \$130 max)	\$155

Vaccines

- State of NM members will pay \$0 on certain vaccines including:
 - Influenza (Flu), Pneumonia, Shingles, MMR, Hepatitis A & B, Meningococcal, Tetanus/Diphtheria/Pertussis, Varicella (chicken pox)...to name a few
- Vaccines through the pharmacy benefit are:
 - A key preventive measure for seasonal influenza and other viral conditions;
 - More convenient and less expensive through your local pharmacy than at a private physician's office;
 - Likely to result in lower medical costs
 - Call Customer Service to locate a certified pharmacist near you

Get Started With Express Scripts Mail Order



- **E-Prescribe (electronic prescribing)** - Have your physician send your prescription direct to Express Scripts pharmacy for processing
- **Phone** – Call into Express Scripts customer service and request that your maintenance medication be moved to home delivery. We will consult your physician and take it from there!
- **Register** – on express-scripts.com or Express Scripts mobile app and transfer medications to home delivery with a click of a button
- **Mail** – Complete a home delivery order form and submit it, along with a paper prescription, for processing
- **Payment Options** - check card or credit card is the preferred method for online orders. ESI accepts Visa, MasterCard, American Express and Discover. Provide your check card or credit card information or choose to be billed later for mail in orders.

Ask your doctor if a generic medication will work for you

- When you receive a prescription from your doctor, or if you are taking brand-name drugs today, ask
 - If a generic version of the medication is available
 - If generic medications are right for you
 - If there are any risks if you change from a brand-name drug to a generic drug
- Generics have the same chemical makeup as brand-name counterparts and have the same effect on the body
- Makers of generics spend less on research and advertising, and the savings get passed on to you

8 out of 10
prescriptions
filled in
the United States
are for
generic drugs

Have a question about a medication?

Give us a call

Each specialist pharmacist has had specialized training in the medications used to treat a specific condition, such as:

- High cholesterol
- High blood pressure
- Depression
- Diabetes
- Asthma
- Osteoporosis
- Cancer

You can contact a pharmacist 24/7 to ask about:

- Drug interactions
- Side effects
- Risks and benefits of your medication
- Help taking your medication as prescribed – which is one of the best ways to help maintain or improve your health

Talk with an Express Scripts pharmacist for general counseling – or a specialist pharmacist for complex concerns – by calling the number on the back of your prescription drug ID card

800-743-1720

Personalized care for patients

Retail pharmacists

- Typically generalists who dispense medications for many conditions
- Juggle many tasks: filling prescriptions, checking orders, overseeing pharmacy
- Pharmacy setting offers minimal privacy to speak to patients
- Average time talking to each patient is only a couple minutes

Express Scripts Pharmacists

- Extensively trained in medications for a single disease state
- Focused on disease and therapy management
- Available to speak to patients in their homes or wherever they prefer, for as long as they prefer
- Ask to speak to a pharmacist by calling the customer service number on the back of your ID card

Prior Authorization

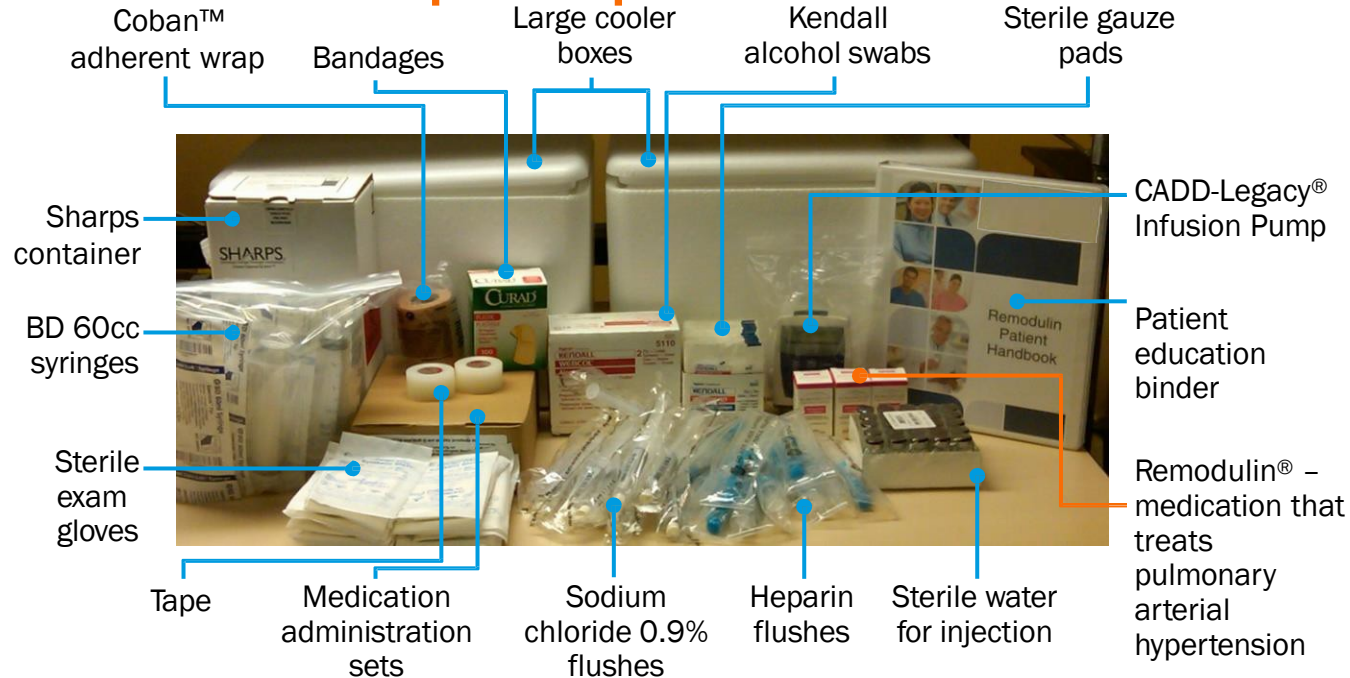


- Some medications require a Prior Authorization – a process to ensure the medication prescribed is appropriate for the patient and/or the condition and is covered by the prescription drug plan
- Use the mobile app with your doctor to search if your medication requires a Prior Authorization.
- Many doctors can submit the required documentation electronically for a faster turnaround time!
- Most Prior Authorizations expire after 1 year

Take a Look...

The complexity of specialty medications

One prescription = 16 items



Accredo Specialty Pharmacy



15 Areas of focus, including:

Hepatitis C

Oncology

Multiple sclerosis

Bleeding disorders

Rare diseases

Pulmonary hypertension

Rheumatoid Arthritis

Cardiovascular

Endocrine

Cystic fibrosis

Fertility

Immune disorders

HIV

Pulmonary

Transplant

Unique clinical protocols

maximize safety, effectiveness
and affordability

One-on-one counseling

from specialty pharmacists
and nurses

NEW January 1, 2019:

State of NM's plan will offer a specialty program through SaveonSP on select specialty drugs to maximize the use of manufacturer assistance dollars which could result in a \$0 copay.

Drugs are dispensed through Accredo Specialty Pharmacy. SaveonSP will be mailing a letter to all patients on a targeted medication prior to 1/1/19.

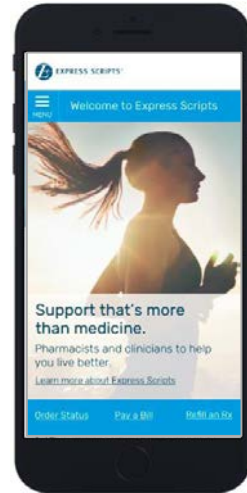
Express Scripts Registration

Use [express-scripts.com](https://www.express-scripts.com) and the Express Scripts mobile app to manage your medications and prescription benefit plan.

There are two easy ways to register:



Register at [express-scripts.com](https://www.express-scripts.com) or



... download the **Express Scripts** mobile app for free and register

- Register using your member ID number or Social Security Number (SSN)
- One user name and password is all you need for web and mobile app access

Express-scripts.com home page



Order status is the **#1 REASON** members visit the website.

- Provides a one-stop shopping experience
- Services at your fingertips including:
 - Order status with tracking
 - Refilling a prescription
 - Enrolling in automatic refills
 - Visibility to home delivery savings
 - Transferring a prescription to home delivery
 - Navigating to anywhere in the site

The screenshot displays the Express Scripts website interface. At the top, there is a navigation bar with the Express Scripts logo, links for 'Prescriptions', 'Benefits', 'My Account', and 'Help', and a shopping cart icon labeled 'Items in Cart'. Below the navigation bar, the 'Recent Order Status' section is visible, listing several orders with details such as medication name, dosage, brand, Rx number, and patient name. Some orders have status indicators like 'We need your approval' or 'Address Verification Required'. Below this, the 'Automatic Refills' section features a large number '3' and text explaining the convenience of the automatic refill program. The 'Prescriptions You Can Order Today' section shows a list of available prescriptions for a specific patient, including details like medication name, dosage, and the number of refills remaining.

Online Order Status = real-time visibility

Recent Order Status

Toprol XL 200 mg tablet Rx #: 123456789003 Chris (09/19/1960) Chris (09/19/1960) **required**

[Hide details](#) [Go to full order status](#)

Thank you for your recent home delivery order. Before we can ship your medication, we need to make sure it's heading to the right place. ACTION REQUIRED: Please confirm the shipping address is correct, or choose the option to change the address. You may also verify your address with our friendly member services staff. The phone number can be found under the contact us link. If you've already taken care of this issue, our thanks.

Physician: Susan Jones	Quantity: 90	Shipping address: 3455 Mulholland Drive Apt 777 Rome, NY 33445
Physician phone: 444-555-6666	Days supply: 90	
Date received: 02/12/2015	Refills remaining: 2	
Rx expiration: 04/22/2015		

[Ship to this address from now on](#) [need to change my address](#)

Recent Order Status Help

Please Note: For prescription renewals, the "Order placed on" date may change to reflect the date your new prescription is actually received from your physician. Please click on "View details" to view additional details on your order.

Order placed on: **January 6, 2016** Confirmation #: **901234658**

Invoice #: **12551093**

SHIPPED on 01/08/14 via UPS-Ground
100 Parsons Pond Rd, Franklin Lakes, NJ 07417 [Track Shipment](#)

Estimated delivery by **01/18/14**

Simvastatin tabs 40mg tablet
Rx #: 123344455667 | For: Vanessa (07/18/1962)

Prior Authorization Expires on **12/23/2016**

[View details](#)

Plan pays: **\$150.00**
You pay: **\$30.00**

We got your order. [Check Order Status](#)

Thanks for your order.
Your order number is **272392272**. You can see the details of the order we're processing in this message. We'll let you know when we ship it to you.

Prescriptions for ****

Prescription #: *** 4402**
We'll process your order after it is eligible to be filled on 09/24/2017.

- Clear, detailed order status
- Self-service messages
- Track shipping
- Real-time email order confirmation

My Rx Choices on express-scripts.com - explore options

Price a medication

Price another medication [Go to My Rx Choices for potential savings](#) [Help](#)

Accessible from **Price a Medication**

Choose alternatives for your doctor to consider and click the "continue" button to go to the next step. For your convenience, **we've preselected** the lowest-cost medication alternatives available at this time. There may be multiple lower-cost alternatives. To review other alternatives, which could have the same or similar pricing, click the "view other alternatives" link for each medication. To remain on your current medication, select the radio button to the left of the medication name. Learn about our [Extended Payment Program](#), which lets you pay for medications in 3 monthly installments. [Calculate your estimated monthly payments.](#)

If you received a letter from us regarding potential savings using **My Rx Choices**, the savings may be different from what is displayed below because **My Rx Choices** uses the most current pricing based on your plan.

Medication	You pay	Lower-cost choice	You pay	YOU SAVE
<input type="radio"/> Accupril 5 mg Tablet (brand) Dosage: 1 Tablet, once a day Pharmacy: Retail \$216.00 per year \$18.00 for 30 days Coverage rules may apply. How much does my plan pay? Get different results with different drug supply and quantity.	\$216.00 per year \$18.00 for 30 days	<input checked="" type="radio"/> quinapril tabs 1 mg Tablet (generic equivalent) Dosage: 1 Tablet, once a day Pharmacy: Express Scripts Pharmacy™ \$0.00 per year \$0.00 for 90 days Coverage rules may apply. How much does my plan pay? Compare drug information	\$0.00 per year \$0.00 for 90 days	\$216.00 per year Explain my savings View other alternatives
<input type="radio"/> Glucophage Tabs 500 MG Tablet (brand) Dosage: 1 Tablet, once a day Pharmacy: Retail \$319.20 per year \$26.60 for 30 days Coverage rules may apply. How much does my plan pay? Get different results with different drug supply and quantity.	\$319.20 per year \$26.60 for 30 days	<input checked="" type="radio"/> metformin hcl tabs 500 MG Tablet (generic equivalent) Dosage: 1 Tablet, once a day Pharmacy: Express Scripts Pharmacy™ \$58.84 per year \$14.71 for 90 days Coverage rules may apply. How much does my plan pay? Compare drug information	\$58.84 per year \$14.71 for 90 days	\$260.36 per year Explain my savings View other alternatives
<input type="radio"/> Lescol 20 MG Capsule (brand) Dosage: 1 Capsule, once a day Pharmacy: Retail \$201.12 per year \$16.76 for 30 days Coverage rules may apply. How much does my plan pay? Get different results with different drug supply and quantity.	\$201.12 per year \$16.76 for 30 days	<input checked="" type="radio"/> lovastatin 10 MG Tablet (generic alternative) Dosage: 1 Tablet, once a day Pharmacy: Express Scripts Pharmacy™ \$60.00 per year \$15.00 for 90 days BEST BUY DRUGS View report>> Coverage rules may apply. How much does my plan pay? Compare drug information	\$60.00 per year \$15.00 for 90 days	\$141.12 per year Explain my savings View other alternatives
<input type="radio"/> Tenormin Tabs 50 MG Tablet (brand) Dosage: 1 Tablet, once a day Pharmacy: Retail \$527.28 per year \$43.94 for 30 days Coverage rules may apply. How much does my plan pay? Get different results with different drug supply and quantity.	\$527.28 per year \$43.94 for 30 days	<input checked="" type="radio"/> atenolol 50 MG Tablet (generic alternative) Dosage: 1 Tablet, once a day Pharmacy: Retail \$120.00 per year \$10.00 for 30 days BEST BUY DRUGS View report>> Coverage rules may apply. How much does my plan pay? Compare drug information	\$120.00 per year \$10.00 for 30 days	\$407.28 per year Explain my savings View other alternatives
Savings per year:				\$1024.76

[<< previous](#) Your choices could save you \$1024.76 out of a possible \$1024.76 once your doctor approves. When you click the "continue" button, your choices will also be checked for possible drug interactions. [continue](#)

- Side-by-side drug comparisons to help you select the right medication at the best cost
- See potential savings by moving to home delivery
- Helpful drug information
- Ability to print research for doctor review
- Access to Consumer Reports Best Buy Drug information
- Displays 25+ possible lower-cost options to help you shop smart

Easy to locate in-network retail pharmacies



Search by zip code
or city/state

Locate a pharmacy

[< Back](#) | [Vaccine Administration Program Information](#)

07417 Enter Zip Code or City, State:

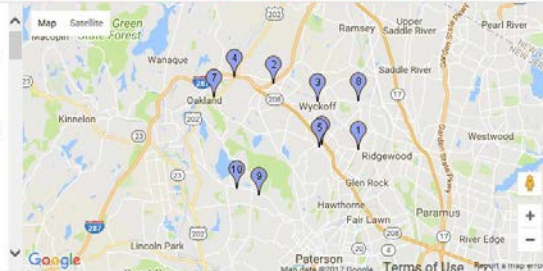
Locate Pharmacy

Show pharmacies starting with the letter:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z [Show all](#)

1 ACME PHARMACY #1054 5.9 mi
136 LAKE AVE
MIDLAND PARK, NJ - 07432
201-612-3070
- Preferred pharmacy. You may get up
to a one month supply. 1
[Get directions*](#)

2 STOP AND SHOP #0829
816 FRANKLIN AVE



*When you click on a link to "Get directions" to any pharmacy above, you will be leaving the member website which is governed by separate Terms of Use and Privacy Policy.

- Select **"Find a Pharmacy"** on [express-scripts.com](#)
- Search results show nearby in-network pharmacies with address and contact details
- Pharmacy details indicate if it is an in-network (preferred) pharmacy
- Link available for **directions using Google Maps**

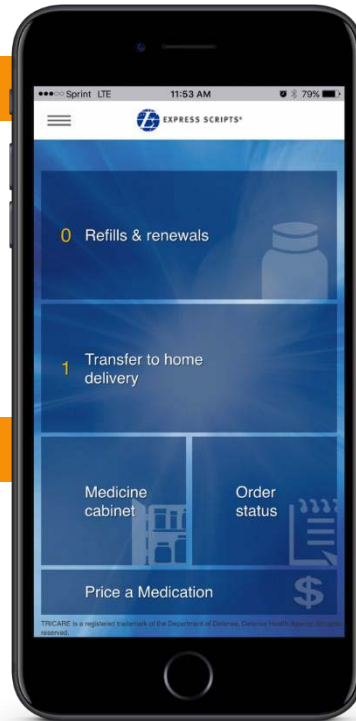
An app that drives better decisions and healthier outcomes for members on the go

Convenience

- Easy-order refills and up-to-the-minute order status lets members avoid trips to their local pharmacy

Simplicity

- One swipe of the finger is all it takes to stay on track with medications



Peace of Mind

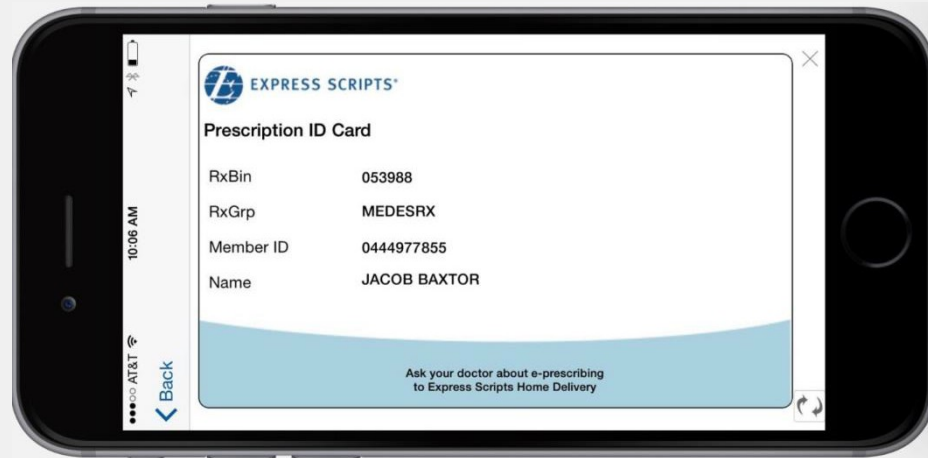
- Reminders and a drug interaction checker help keep members traveling on the road to good health

Versatility

- Flexibility that fits members' lives, delivering personalized prescription information – *whenever & wherever* they need it

Added Convenience

Virtual ID card



Express Scripts:

We're here for you

- Register at [Express-Scripts.com](https://www.express-scripts.com), using the information on your member ID card
- Download the [Express Scripts mobile app](#) from your app store to manage your medicines anywhere, anytime
- Call the Member Services number on the back of your member ID card:
[800-743-1720](tel:800-743-1720)



Thank you

