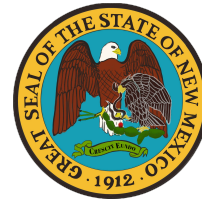


Your weight loss and diabetes reversal* benefit



No fad diets or extra gym visits—
just foods that are right for you

Virta is your guided nutrition program—
available at **\$0 cost to you**. Personalized
to your lifestyle and health goals, Virta
uses nutrition science to build custom
plans that help you sustainably lose
weight and manage your diabetes.

**Virta is your
fully-covered benefit
for better health.**

Get personalized nutrition
support at no cost to you.

[Claim my benefit](#)

Access a kit of free supplies



Digital weight scale



Glucose and ketone meter



Exclusive recipes

Visit virtahealth.com/join/sonm to claim your benefit today.



Virta is available to employees and eligible dependents of the State of New Mexico (SoNM) and Local Public Body (LPB) entities 18 years or older who are enrolled in a State-sponsored health plan through Presbyterian Health Services or BCBS New Mexico. This benefit is currently being offered to those with type 2 diabetes, prediabetes, or a BMI of 25 or greater. There are some medical conditions that would exclude members from the Virta program. Start the application process now to find out if you qualify.

*Reversal on Virta is defined by reaching an A1c below 6.5% without the use of diabetes medications beyond metformin. Diabetes and related issues can return if lifestyle changes are not maintained.