

2025 Wellness Webinar Series



Mind Over Money: The Psychology Behind Financial Wellness

Have you ever been curious about the psychology of money and how your mindset and habits shape financial health? This session will delve into how emotional and behavioral factors impact financial decisions, empowering you to make choices that align with long-term wellness.

PRESENTER: Paige Kinucan, Program Manager, Health and Wellness

 **REGISTER HERE** for webinar series.

Or copy and paste this URL into your browser: https://phs-org-corp.zoom.us/webinar/register/WN_ivMhnmYoQNWgoriv6_qsSA
Earn points on Wellness at Work after watching the webinar or recording.



Our wellness webinars provide guidance in enhancing your well-being and support your successful journey to better health.