



**BlueCross BlueShield  
of New Mexico**



**HEALTH CARE  
AUTHORITY**



# **WELLNESS FOR MEN: LIVE BETTER, LONGER**

**Date:** June 17

**Time:** 3:30 p.m.

**Location:** Virtual

**[Register Here](#)**

## **We will learn about:**

- When to have appropriate screenings and immunizations
- Men's top health concerns
- Daily steps to good health
- Various wellness resources to help you stay healthy at any age